

## SOUTH TAHOE HIGH SCHOOL Home of the Vikings

Dear H.E.R.O Selections Committee,

We have a student, ..., who is so deserving of this award for a number of reasons. ...was diagnosed with a seizure disorder when she was young and this has hindered her ability to have a traditional childhood and young adulthood. For example, she will never be able to drive a car and is not able to have a sleepover at anyone's house unless her sister is also there as she knows how to help ....if she has a seizure in the middle of the night. Despite all of this, .... exudes optimism and will no doubt do wonderful things in this world.

Upon graduation, .... would like to attend Lake Tahoe Community College and go into Psychology so she can help others like her to get through those very difficult times through early adulthood. She is kind, motivated, and an extremely hard worker who will use the challenges given to her to build herself up and help those around her :)

....has my highest recommendation for this award and will be so appreciative of the financial support! Thank you for considering this incredible young woman for the honor of becoming a HERO recipient!

Yours in Education,

Katie Bongard Counselor, STHS





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